



Ayurveda: Gesundheit und Wohlbefinden (German Edition)

Stella Maris

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Ayurveda ist heutzutage in (fast) aller Munde.

Dieses kleine Büchlein soll Ihnen die grundlegendsten Dinge über die ayurvedische Gesundheitslehre vermitteln.

Wir wünschen Ihnen viel Spaß beim Lesen!

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