



Creative Divorce: A New Opportunity for Personal Growth

Mel Krantzler

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Divorce therapist Mel Krantzler approaches the subject of divorce from a unique perspective and offers an optimistic outlook and hopeful opportunities for personal growth to those struggling to recognize and renew their individuality. *Creative Divorce* draws parallels between the relationship and the life cycle, in order to help men and women cope during their period of mourning and find a new life after the death of their old one. Krantzler addresses the myriad emotions that the divorce crisis stirs up in both men and women such as guilt, rejection, loneliness, and anger, and teaches how to allow divorce to be the catalyst for positive transformations in your life. There is a website with material related to the book at newcreativedivorce.com, where Mel Krantzler can be contacted for further consultation.

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