



Heft: A Novel

Liz Moore

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Heft: A Novel Liz Moore

“A stunningly sad and heroically hopeful tale. . . . This is a beautiful novel about relationships of the most makeshift kind.”—O, The Oprah Magazine

Arthur Opp weighs 550 pounds and hasn't left his rambling Brooklyn home in a decade. Twenty miles away, in Yonkers, seventeen-year-old Kel Keller navigates life as the poor kid in a rich school and pins his hopes on what seems like a promising baseball career—if he can untangle himself from his difficult family life. The link between this unlikely pair is Kel's mother, Charlene, a former student of Arthur's. After nearly two decades of silence, it is Charlene's unexpected phone call to Arthur—a plea for help—that shatters their isolation. Told with warmth and intelligence through Arthur and Kel's own quirky and lovable voices, *Heft* is the story of two improbable heroes whose connection transforms both their lives. It is a memorable, heartbreaking, and ultimately redemptive novel about finding sustenance and friendship in the most surprising places.

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