



Family Medicine Obstetrics

Stephen D. Ratcliffe

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Whether you offer comprehensive pregnancy care in your primary care facility, or provide prenatal and postpartum care, this book delivers the guidance you need to optimize health for both mothers and their babies. It covers all aspects of birth care, from preconception counseling and prenatal care, through labor and delivery (both low-risk and complicated), to postpartum care and the first month of life. The completely revised third edition includes the most up-to-date, evidence-based standards of care. It offers information that is patient centered, prevention oriented, educational, and sensitive to the care of the whole woman and her family.

- Features a reader-friendly outline/narrative format for ease of use in daily clinical practice.
- Describes how to care for patients with a wide range of medical conditions during pregnancy as well as pregnancy-related conditions.
- Takes a whole-family approach to maternity care, with discussions of maternal and paternal adjustment, marital adjustment, sibling adjustment, single-parent families, and return-to-work issues.
- Provides patient and family education materials on a full range of topics, from nutrition in pregnancy to breastfeeding.
- Features a section on alternative medicine in maternity care.
- Provides detailed instruction for a wide array of procedures, including cesarean delivery, perineal repair of simple and complex lacerations, circumcision, assisted deliveries, and amnioinfusion.
- A continued strong emphasis on evidence-based medicine includes an ongoing summary of Level A recommendations throughout the text.
- A new chapter summarizes practical applications of how to incorporate continuous quality improvement and enhanced medical safety into the maternity care setting.
- A new section details which immunizations can be used safely during pregnancy.
- A section on "Centering Pregnancy" discusses this new model of care and how it incorporates longitudinal group.

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