



Health, Tourism and Hospitality: Spas, Wellness and Medical Travel

Melanie Smith, Laszlo Puczko

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Health, Tourism and Hospitality: Spas, Wellness and Medical Travel, 2nd Edition takes an in-depth and comprehensive look at the growing health, wellness and medical tourism sectors in a global context. The book analyses the history and development of the industries, the way in which they are managed and organised, the expanding range of new and innovative products and trends, and the marketing of destinations, products and services.

The only book to offer a complete overview and introduction to health, tourism and hospitality this 2nd Edition has been updated to include:

- Expanded coverage to the hospitality sector with a particular focus on spa management.
- New content on medical tourism throughout the book, to reflect the worldwide growth in medical travel with more and more countries entering this competitive market.
- Updated content to reflect recent issues and trends including: ageing population, governments encouraging preventative health, consumer use of contemporary and alternative therapies, self-help market, impacts of economic recession, spa management and customer loyalty.
- New case studies taken from a range of different countries and contexts, and focusing on established or new destinations, products and services such as: conventional medicine, complementary and alternative therapies, lifestyle-based wellness, beauty and cosmetics, healthy nutrition, longevity and anti (or active)-ageing, amongst others.

Written in a user friendly style, this is essential reading for students studying health, tourism and hospitality.

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