



Counseling Theories and Techniques for Rehabilitation Health Professionals (Springer Series on Rehabilitation)

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This text provides a state-of-the-art treatment of the dominant theories and techniques of counseling and psychotherapy from a rehabilitation perspective. Written by recognized experts in their content areas, the book focuses on several knowledge domains underlying the practice of counseling in rehabilitation settings. These domains are presented within the framework of the major theoretical approaches to counseling and applications are explained as they relate specifically to people with disabilities. Case examples are used throughout the text. Basic techniques and selected professional issues related to practice are also presented.

This collection will be useful for practitioners as well as for upper-level undergraduates and graduate students in rehabilitation counseling/psychology and other rehabilitation health care disciplines such as nursing, occupational therapy, and physical therapy.

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