



A Guide to Child Health: A Holistic Approach to Raising Healthy Children

Michaela Glöckler, Michaela Glöckler, Wolfgang Goebel

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This acclaimed guide to children's physical, psychological and spiritual development is now available in a fourth revised edition. Combining up-to-date medical advice with issues of development and education, this is a definitive guide for parents. This is the book for anyone who has ever wanted a deeper understanding of their children's illnesses, or sought a more holistic approach to children's health. As well as comprehensively covering medical issues, it also discusses parenting techniques, education, spirituality and play -- a truly integrated approach to all aspects of raising healthy children in the broadest sense. The authors have over 20 years' experience treating children at Herdecke Hospital, Germany, which is run using anthroposophical principles. The fourth edition includes updates on treatments for tonsillitis, croup, sunstroke and headlice. The section on vaccinations includes the latest recommendations including measles, meningococcal and HPV. There is also a new section on electromagnetic pollution, including mobile (cell) phones.

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