



Psychotherapy: Theory, Practice, Modern and Postmodern Influences

Laurence Simon

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This work, which questions the medical model of psychiatry as the basis of psychotherapy, seeks to help professionals return their field to an activity that is more helpful to clients, more professional, more scientific, more moral, and more psychosocial in orientation. The difficulties facing practicing psychotherapists, the causes of the problems, and a framework to guide efforts to deal with these concerns are discussed in hopes that the uneasiness of psychologists about the present direction of the field can be reduced and changed.

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