



# Precious Cargo: How Foods From the Americas Changed The World

*David DeWitt*

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## **Precious Cargo: How Foods From the Americas Changed The World** David DeWitt

*Precious Cargo* tells the fascinating story of how western hemisphere foods conquered the globe and saved it from not only mass starvation, but culinary as well. Focusing heavily American foods—specifically the lowly crops that became commodities, plus one gobbling protein source, the turkey—Dewitt describes how these foreign and often suspect temptations were transported around the world, transforming cuisines and the very fabric of life on the planet.

Organized thematically by foodstuff, *Precious Cargo* delves into the botany, zoology and anthropology connected to new world foods, often uncovering those surprising individuals who were responsible for their spread and influence, including some traders, brutish conquerors, a Scottish millionaire obsessed with a single fruit and a British lord and colonial governor with a passion for peppers, to name a few.

*Precious Cargo* is a must read for foodies and historians alike.

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