



A Proper Study: Mending Karen

Karen Landis

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Psychotherapy can cure you, or it can kill you, and the chances are that you won't know the difference—until it's too late.

Weakened and vulnerable from the triple whammy of breast cancer, clinical depression, and the re-emergence of a long-repressed personality, Karen Landis sought professional help, and her psychiatrist seduced her.

Suicidal and desperate, she found another therapist, and a five-year battle was joined as Dr. Stevens endeavored to rebuild her shattered trust, cure her depression, integrate her two selves, and keep her alive.

This is the story of that battle and of Karen's struggle with her other self. It takes you inside the fifty-minute hour of two psychiatrists and their patient and shines a bright light on the pitfalls and promises of the therapeutic process.

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