



# ¡Delizia!: La historia épica de la comida italiana (Spanish Edition)

*John Dickie*

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**En jugosas porciones en forma de historias urbanas, Dickie nos muestra cómo fue configurándose la historia de la pasta, la pizza, el risotto, el salami, el pesto y demás platos que Italia ha enseñado al mundo a disfrutar.**

Todo el mundo adora la comida italiana -la pasta, el aceite, las salsas y el risotto-, pero ¿cómo ha llegado a convertirse en la cocina más popular del mundo?

En las últimas décadas, la industria publicitaria ha contribuido a situar sus orígenes entre los viñedos y los olivos de la Toscana, pero esta encantadora historia poco tiene que ver con la realidad. La cocina italiana es una cocina urbana que nace en las hermosas ciudades de Italia, en los centros de civilización donde confluyen dinero, talento, ingredientes y poder: desde los bulliciosos mercados medievales de Milán hasta los salones renacentistas de Ferrara, de los puestos callejeros napolitanos del siglo XIX, a las ruidosas *trattorias* de la Roma de posguerra.

A partir de un exhaustivo trabajo de investigación, John Dickie elabora una narración formidable en la que nos muestra mapas antiguos que revelan cuál es el verdadero origen de la pasta, detalla los menús pantagruélicos, de más de cien platos, que se servían en los banquetes nupciales del Renacimiento, comparte recetas medievales y muchas otras curiosidades que nos acercan a la cultura gastronómica más extendida del Mediterráneo y nos desvelan la historia de Italia a través de los sabores de sus ciudades.

**«Si somos lo que comemos, ¿quién no querría ser italiano?»**  
*The Times*

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